THURROCK YOUNG CARERS

CARERS'HUB
THURROCK YOUNG CARERS

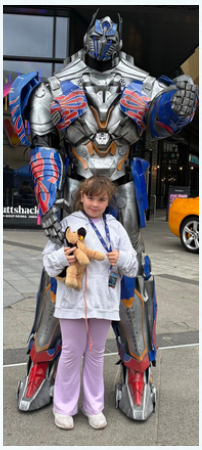
THURROCK COUNCIL

2026 NEWSLETTER

A year of brilliant opportunities

WE ARE LAKESIDE'S CHARITY OF THE YEAR!

Lakeside continues to make a real difference for Thurrock young carers. This year we've enjoyed a creative tote bag workshop, an exciting Heroes & Dragons Day, our forum meetings and a VIP visit to the LEGO Store opening. Thank you, Lakeside, for your amazing support!





LAKESIDE

Thank you to Merlin's Magic Wand

We're so grateful to Merlin's Magic Wand for providing attraction tickets, giving our young carers unforgettable days out and amazing experiences.



MERLIN'S Magic Wand
Children's Charity



Did you know we could helpe you with your school work?
A quite space to concentrate.
Access to a computer.
Peer support.

THANK YOU FOR BEING THERE

A huge thank you to everyone who now supports Thurrock Young Carers. You help create brighter tomorrows.

Celebrating our Jack Petchey Award winners

A big congratulations to our amazing young carers who have received a Jack Petchey Award. You inspire us all with your strength, kindness and determination.

Jack Petchey Foundation

Thank you to Go Beyond

We're so grateful to Go Beyond for providing incredible residentialss and a London day out for Thurrock's young carers. These experiences give our young carers the chance to make new friends, try new things and create unforgettable memories.

GO BEYOND

Thank you to Aveley FC

A massive thank you to all of the team at Aveley for providing us with a venue for our Prom and Family Christmas Party!

"I love coming to the sessions because I get to have fun, try new activities and meet other young carers who understand what it's like. It's nice to make friends and have time to just be myself!"





Thank you to our schools

We're grateful to all the schools across Thurrock that work with and support young carers. Your understanding, flexibility and commitment help make a real difference in the lives of young carers.

Would you like us to attend your school to find out about what support is available to Young Carers?

Give us us a call or pop us an email if you would like to find out more information



Open Door Counselling Service

Are you a Young Carer that needs some support with your mental health? Open Door may be able to help. Speak to a member of the young carers' team for more information.

"Counselling has helped me understand my feelings, build my confidence and find ways to cope when things feel overwhelming. "

Support for Young Carers aged 18+

Turning 18—or already 18+? Support is still available! Thurrock Carers Service offers monthly meet-ups for Young Adult Carers. To find out more, contact the Young Carers Team or call Thurrock Carers Service on 01375 659172.

Thurrock Carers Service

Thank you to all our supporters

To everyone who gives their time, resources and encouragement — thank you. Your support helps us create opportunities, build confidence and brighter futures for Thurrock's young carers.



Get in touch

If you'd like to support Thurrock Young Carers or find out more, please get in touch.

Email: Carers@carercentre.org.uk
Phone: 0208 593 4422
Website: www.youngcarerscentre.org.uk

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