

THURROCK YOUNG CARERS NEWSLETTER

Young Carers are young people who live in a family where someone is affected by a long term illness, disability, mental health condition, alcohol or substance misuse or HIV. The Young Carers Service supports Young Carers aged 8 - 18.

Summer of Fun Young Carers Festival

The annual Young Carers Festival is back!!! 24 Young Carers from Thurrock and Barking & Dagenham set off for a weekend of a life time. We have been to the Young Carers Festival three times before but due to the Pandemic it has been closed and this is the first time we have been back.

The Young Carers Festival (YCF) is the biggest gathering of young carers' in the world. It is an annual must-attend event for young carers to have fun, unwind, make new friends and try new things.

It is also a political platform for young carers to be heard and influence change. The highlights include, fairground rides, live music, outdoor movies, fireworks and the legendary silent disco!

There wasn't much sleep had by the Young Carers and we made sure the rain did not stop the Young Carers from having fun. Some of the Young Carers took part in high ropes, zip lining, canoeing & Yoga. The weekend is an opportunity for them to have a full break with no responsibilities and the opportunity for them to relax and be themselves without having to look out for someone else.

Abigail said "It was a new experience for Young fellow carers and there was chance to meet other young carers from different places and to try new things. It was a new place to make to new friends and to enjoy life away from home while being yourself and to express the way you want"



Prom night

What a fantastic evening...on Friday 9th June 100 Young Carers from Thurrock and Barking & Dagenham partied the night away for our annual Summer Prom Party. This year it was BIGGER & BETTER. We upped the glam and changed the venue & dress code. Our Fun Leading Action Group helped plan the prom deciding on the colour scheme, having the final say on the poster & plans for the evening. We even had the Young Mayor from Barking & Dagenham handing out Jack Petchey Certificates & our Ashely Barber Award. The Young Carers enjoyed the photo both, free soft drink bar, lots of dancing, awards & not forgetting Prom King & Queen.



Welcome Liam

Hi, I'm Liam and I am the new Project Coordinator for Thurrock Young Carers. I have been working in social care for over 4 years. I attended the project myself for many years and loved every activity I participated in. It feels great to be back with the service helping Young Carers that need support. I enjoy planning activities for our Thurrock Young Carers and providing support to every young carer we support.



Farewell Charlotte

What an emotional time saying goodbye to all the Young Carers, families and staff I have absolutely LOVED my job and working with all of the amazing Young Carers, I have had the BEST memories over the last 9 years. Seeing the faces light up on the Young Carers faces at all of the amazing events will always stay with me. I will always support and advocate for Young Carers as every single one of them will always hold a special place in my heart. Thank you for all being so kind and hopefully I will see some of you in my new adventure working across the Family Hubs

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Thurrock Young Carers



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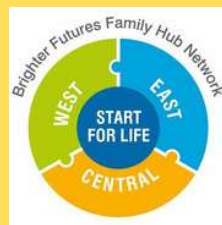
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Congratulations!



A HUGE CONGRATUALATIONS to all our Jack Petchey Award Winners. This was our first Jack Petchey Awards evening since pre covid and it was a fantastic evening celebrating the amazing work our Young Carers do. They got the opportunity to go up on stage in front of their parents and collect their medallion & certificate. Well done to Abigail, Aidan, Emma, Josh, Isabelle, Leighanne and Kaya. CONGRATULATIONS to Becky on receiving the Leader Award for all her hard work on getting our homework boost your brain tutor club up & running into a huge success in improving Young Carers grades.

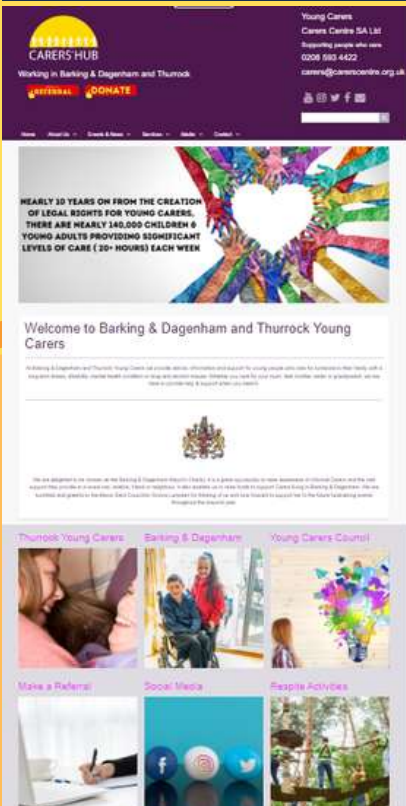


NEW VENUE

We are excited to tell you that we have some NEW venues that we will be using for activities. Previously known as the Childrens Centres renamed The Family Hubs. We have already used the Tilbury Family Hub for our Halloween DVD & Pizza night & the Stifford Family Hub for our FLAG sessions. We are excited to have a new space for some exciting activities local to everyone.

thank you

Big THANK YOU to Martin who completed the London to Brighton Challenge to raise funds for Young Carers - he raised an amazing £625



Revamped Website

Check out the Young Carers revamped website. Charlotte and both OSH and FLAG groups have been busy giving the website a new look! This will be a way for you to connect and keep in touch with the Young Carers Team. You will be able to find out what is being planned, all the upcoming activities, and give you a chance to get involved with the running of the project, and pass on important information about Young Carers rights. We will let you know about exciting new things happening in the borough and make sure that you check it out to get involved.

